



## ZUMBA/YOGALATES

Instructor for both classes: Christine Hamilton

Mondays

6 weeks

Lake Peekskill Community Center

Zumba 12:30-1:30

YogaLates 1:30-2:30

Starts Nov. 7<sup>th</sup>

Classes cost \$60.00 includes 6 sessions per class. \$12.00 for walkins. Register for both and pay only \$100.00.

We will have someone on our staff entertaining your children in the community center so you can relax and exercise without worry at no additional cost.