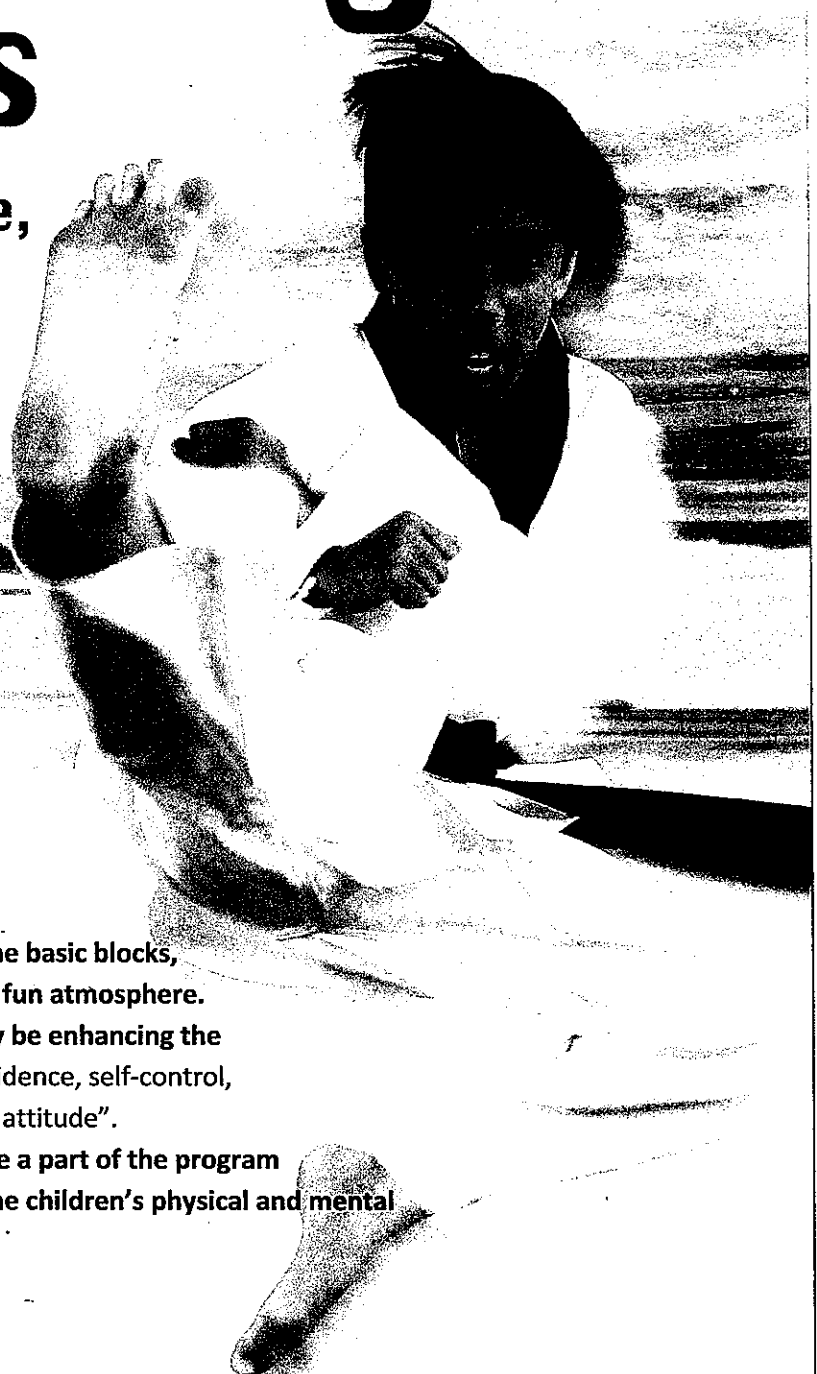


Come Fly with us

**Soar with Confidence,
Discipline, Focus,
and Respect.**

PVES TaeKwonDo



This year's program will consist of learning the basic blocks, kicks and punches of the martial art in a safe fun atmosphere. By learning these techniques we will not only be enhancing the student's physical abilities but also their confidence, self-control, focusing skills, self-defense and the "Yes I can attitude". Board breaking and special games will also be a part of the program to help teach the martial art and stimulate the children's physical and mental

***10 Classes beginning Monday Oct. 17th**

***Place: PVES (Old Gym)**

*** Time: 8:00am - 9:00am**

***Price: \$130.00**

**Chung Ma's
Taekwondo**